9 December 2013



Conroy Gold and Natural Resources plc

("Conroy" or "the Company")

Result of Annual General Meeting

Conroy announces that at the Annual General Meeting of the Company held earlier today all resolutions were duly passed.

For further information please contact:

Conroy Gold and Natural Resources plc Tel: +353-1-661-8958

Professor Richard Conroy, Chairman

Sanlam Securities UK Limited (Nomad) Tel: +44-20-7628-2200

Simon Clements/Virginia Bull

Hybridan LLP (Broker) Tel: +44-20-7947-4350

Claire Louise Noyce/William Lynne

IBI Corporate Finance Limited (ESM Adviser)

Tel: +353-766-234-800

Ger Heffernan

Lothbury Financial Services Limited Tel: +44-20-3440-7620

Michael Padley/Michael Spriggs

Hall Communications Tel: +353-1-660-9377

Don Hall

Visit the website at: www.conroygold.com