



Conroy Gold and Natural Resources plc
("Conroy" or "the Company")

Publication of shareholder circular

Further to the announcement on 29 August 2017, Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, announces that the Company has today published a shareholder circular in relation to resolutions to remove certain directors of the Company, being Professor Richard Conroy (Chairman) and Maureen Jones (Managing Director), and appoint as new directors, Paul Johnson, Gervaise Hedde and Patrick O'Sullivan (the "Circular").

Your Board believes that the Proposed Resolutions are NOT in the best interests of the Company and Shareholders as a whole and is therefore unanimously recommending that you VOTE AGAINST ALL of the Proposed Resolutions.

The EGM will be held at The Davenport Hotel, 8-10 Merrion Street Lower, Dublin 2 on 6 October 2017 at 2.00pm.

The Circular can also be found on the Company's website at www.conroygold.com

For further information please contact:

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Visit the website at: www.conroygold.com