

14 March 2016



Conroy Gold and Natural Resources plc
(“Conroy” or “the Company”)
AIM Disclosure Update

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the Irish based resource company exploring and developing gold and other projects in Ireland, makes the following announcement in accordance with AIM Rule 17. The Company has been informed by Michael Power, a Non-Executive Director of the Company, of the following changes made to his director details:

Mr Power was appointed Director of 5813906 Manitoba Ltd., formerly San Gold Corporation (“San Gold”) on 10 January 2010. San Gold, an established Canadian gold producer, explorer and developer, entered into a sale and purchase agreement and was deemed to have made an assignment in bankruptcy as it was unable to make a proposal to its creditors. San Gold entered into bankruptcy on 23 June 2015 with the total deficiency to creditors being \$73,865,456.

Further information can be found on the following website <http://mnpdebt.ca/en/corporate-insolvency/corporate-engagements/pages/details.aspx?title=san-gold-corporation>

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