

1 November 2013



Conroy Gold and Natural Resources plc
("Conroy" or "the Company")

Total Voting Rights

The Company announces that, pursuant to the requirements of the Disclosure and Transparency Rules, the total number of voting rights in respect of each class of share in issue and admitted to trading on AIM at the date of this announcement is as follows:

	Number of shares in issue	Numbers of voting rights
Ordinary shares of €0.03 each	297,911,919	297,911,919

The above figure may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, the Company, under the Disclosure and Transparency Rules.

For further information please contact:

Conroy Gold and Natural Resources plc

Professor Richard Conroy, Chairman

Tel: +353-1-661-8958

Sanlam Securities UK Limited (Nomad)

Simon Clements/Virginia Bull

Tel: +44-20-7628-2200

Hybridan LLP (Broker)

Claire Louise Noyce/William Lynne

Tel: +44-20-7947-4350/4361

IBI Corporate Finance Limited (ESM Adviser)

Ger Heffernan

Tel: +353-766-234-800

Lothbury Financial Services Limited

Michael Padley/Michael Spriggs

Tel: +44-20-3440-7620

Hall Communications

Don Hall

Tel: +353-1-660-9377

Visit the website at: www.conroygoldandnaturalresources.com