The information contained within this announcement is deemed by the Company to constitute inside information as stipulated under the Market Abuse Regulations (EU) No. 596/2014 ("MAR"). Upon publication of this announcement, this inside information is now considered to be in the public domain.

9 October 2017



Conroy Gold and Natural Resources plc

("Conroy" or "the Company")

Holdings in Company

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, announces that it was informed today that Patrick O'Sullivan is now interested in 3,000,000 ordinary shares of €0.001 in the Company, equal to approximately 24.56 per cent. of Company's issued share capital.

For further information please contact:

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Professor Richard Conroy, Chairman	
Allenby Capital Limited (Nomad)	Tel: +44-20-3328-5656
Virginia Bull/James Thomas/Nick Harriss	
Beaufort Securities (Broker)	Tel: +44-20-7382-8300
Jon Belliss/ Elliot Hance	
IBI Corporate Finance Limited (ESM Adviser)	Tel: +353-766-234-800
Ger Heffernan / Jan Fitzell	
Lothbury Financial Services	Tel: +44-20-3290-0707
Michael Padley	
Hall Communications	Tel: +353-1-660-9377
Don Hall	

Visit the website at: <u>www.conroygold.com</u>

Standard Form TR-1

Standard form for notification of major holdings

NOTIFICATION OF MAJOR HOLDINGS (to be sent to the relevant issuer <u>and</u> to the Central Bank of Ireland)ⁱ

1. Identity of the iss attached ⁱⁱ :	suer or the underlyin	ng issuer of existing sh	nares to which voting	g rights are	
	Conroy Gold & Natural Resources PLC				
2. Reason for the n	2. Reason for the notification (please tick the appropriate box or boxes):				
[Yes] An acquisition	[Yes] An acquisition or disposal of voting rights				
[] An acquisition or o	disposal of financial ir	nstruments			
[] An event changing	g the breakdown of ve	oting rights			
[] Other (please spe	cify) ⁱⁱⁱ :				
3. Details of persor	n subject to the notif	fication obligation ^{iv} :			
Name:		City and country of regi	istered office (if applic	able):	
Patrick O'Sullivan		Dublin			
4. Full name of sha	reholder(s) (if differe	ent from 3.) ^v :			
Goodbody Stockbrol	ker Nominees Ltd				
5. Date on which th	e threshold was cro	ossed or reached ^{vi} :			
9 October 2017					
6. Date on which issuer notified:					
9 October 2017	9 October 2017				
7. Threshold(s) that	t is/are crossed or r	eached: 26% & 25%			
8. Total positions o	8. Total positions of person(s) subject to the notification obligation:				
	% of voting rights attached to shares (total of 9.A)	% of voting rights through financial instruments (total of 9.B.1 + 9.B.2)	Total of both in % (9.A + 9.B)	Total number of voting rights of issuer ^{vii}	
Resulting situation on the date on which threshold was crossed or reached	24.6%		24.6%	3,000,000	
Position of previous notification (if applicable)					

9. Notified details of the resulting situation on the date on which the threshold was crossed or reached^{viii}:

Class/type of shares ISIN code (if possible)	Number of voting rights ^{ix}		% of voting rights	
	Direct	Indirect	Direct	Indirect
	3,000,000		24.6%	
SUBTOTAL A	3,000,000		24.6%	

Type of financial instrument	Expiration date ^x	Exercise/ Conversion Period ^{xi}	Number of voting rights that may be acquired if the instrument is exercised/converted.	% of voting rights
		SUBTOTAL B.1		

B 2: Financial Instruments with similar economic effect according to Regulation 17(1)(b) of the Regulations

Type of financial instrument	Expiration date [×]	Exercise/ Conversion Period ^{xi}	Physical or cash settlement ^{xii}	Number of voting rights	% of voting rights
			SUBTOTAL B.2		

10. Information in relation to the person subject to the notification obligation (please tick the applicable box):

[] Person subject to the notification obligation is not controlled by any natural person or legal

entity and does not control any other undertaking(s) holding directly or indirectly an interest in the (underlying) issuer.^{xiii}

[] <u>Full</u> chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held starting with the ultimate controlling natural person or legal entity^{xiv}:

Name ^{xv}	% of voting rights if it equals or is higher than the notifiable threshold	% of voting rights through financial instruments if it equals or is higher than the notifiable threshold	Total of both if it equals or is higher than the notifiable threshold

11. In case of proxy voting: [*name of the proxy holder*] will cease to hold [% and *number*] voting rights as of [*date*]

12. Additional information^{XVI}: