

Conroy Gold and Natural Resources PLC

("Conroy Gold" or "the Company")

Change of Registered Office Address

Conroy Gold and Natural Resources PLC (AIM: CGNR) announces that it has changed its registered office address to Shannon Airport House, Shannon Free Zone, Shannon, County Clare, V14 E370, Ireland.

For further information please contact:

Conroy Gold and Natural Resources plc Tel: +353-1-479-6180

John Sherman, Chairman

Maureen Jones, Managing Director

Allenby Capital Limited (Nomad) Tel: +44-20-3328-5656

Nick Athanas/Nick Harriss

Peterhouse Capital Limited (Broker) Tel: +44-20-7469-0930

Lucy Williams / Duncan Vasey

Lothbury Financial Services Tel: +44-20-3290-0707

Michael Padley

Hall Communications Tel: +353-1-660-9377

Don Hall

Visit the website at: www.conroygold.com